

FREE GUIDE FROM ROOTLINE

# Periodontist Visit Checklist

What to ask and confirm before, during, and after a visit to a periodontist — so you understand your care and stay in control.



Understand your gum health with open eyes — then get matched, free, with a licensed periodontist near you. You compare and choose who to see. This guide is educational, not medical advice.

## Before the visit

- Confirm the periodontist is licensed — you can verify this yourself.
- Ask whether a referral or recent dental X-rays are needed.
- Write down your questions and what you've been noticing.
- Ask roughly what the first exam will cost.

## During the exam

- 1 Ask what stage of gum disease you have, if any.
- 2 Ask them to explain the diagnosis in plain words.
- 3 Ask what the treatment options are, including doing less.
- 4 Ask about the recovery, the risks, and the timeline.

## 5 Ask for the plan and the cost in writing.



### Questions worth asking

- What happens if I wait, or choose a simpler option first?
- Is this treatment usually covered by dental or medical insurance?
- How many visits will this take?
- Who does the procedure, and what is the follow-up?
- What does ongoing maintenance look like and cost?

### Red flags — slow down

- Pressure to decide or pay the same day for major treatment
- No written plan or cost estimate
- A guarantee of a perfect result (no honest provider promises that)
- No clear explanation of why a procedure is needed

# PERIODONTAL TREATMENT COST RANGES

Costs vary based on the severity of gum disease, treatment complexity, and your location. Insurance may help offset fees.



**Invest in Your Oral Health**  
Healthy gums support a healthy smile—for life.



TREATMENT	DESCRIPTION	TYPICAL COST RANGE*	
		PER TOOTH	FULL MOUTH
 <b>SCALING &amp; ROOT PLANING</b> (Deep Cleaning)	Removes plaque and tartar from below the gumline and smooths root surfaces to help gums heal.	\$150 - \$350	\$600 - \$2,000
 <b>PERIODONTAL MAINTENANCE</b> (Per Visit)	Specialized cleanings and monitoring to maintain gum health and prevent further disease.	\$100 - \$200	\$300 - \$800
 <b>PERIODONTAL FLAP SURGERY</b>	Lifts gum tissue to remove deep tartar and bacteria. Helps reduce pockets and promote healing.	\$800 - \$1,500	\$2,400 - \$4,500
 <b>BONE GRAFTING</b> (Per Site)	Restores bone lost to periodontal disease and supports gum and tooth stability.	\$300 - \$800	\$900 - \$2,400
 <b>SOFT TISSUE GRAFT</b> (Per Site)	Replaces receded gum tissue to protect roots and improve gum appearance.	\$600 - \$1,200	\$1,800 - \$3,600
 <b>DENTAL IMPLANT</b> (Including Placement)	Replaces missing teeth with an implant, abutment, and crown for a natural look and function.	\$3,000 - \$6,000	—

\* Cost ranges are estimates and can vary. Consult with your dental professional for a personalized treatment plan and accurate pricing.



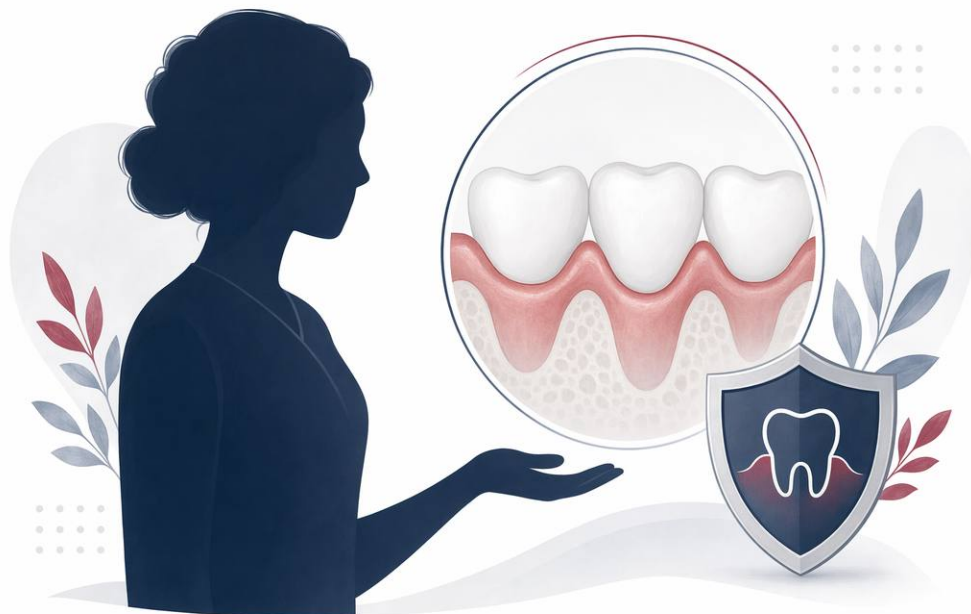
**Prevention is Powerful**

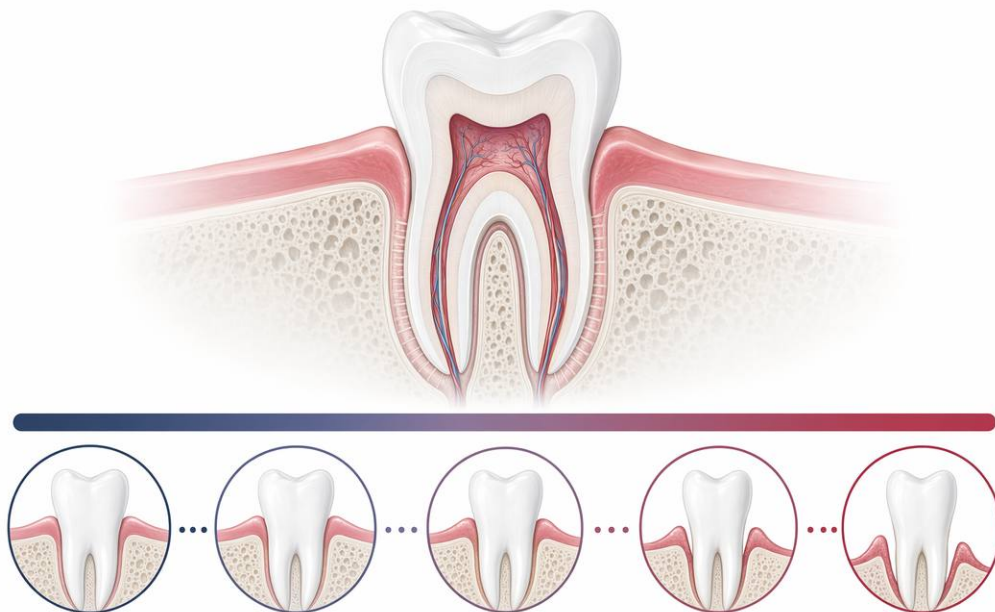
Regular care today can help you avoid more complex treatments tomorrow.



## After the visit

- 1 Read the written plan and estimate at home, without pressure.
- 2 Check what your insurance says it will cover.
- 3 Get a second opinion if anything feels unclear or rushed.
- 4 Choose the provider and plan you're comfortable with.





## Important

RootLine is a free matching service, not a dental or medical provider, and does not diagnose, treat, or give medical or dental advice. This guide is general and educational only, not a diagnosis, and not a substitute for an in-person exam by a licensed dentist or periodontist. We do not collect medical or dental histories. Cost figures are typical ranges and estimates, not quotes, and there is no guarantee of any treatment, result, or outcome — your real care and price depend on your diagnosis, the provider, and your area. If you have severe pain, facial swelling, fever, or trouble breathing or swallowing, seek urgent dental or medical care right away. Always see a licensed dentist or periodontist for diagnosis and treatment, verify the license yourself, and confirm the plan and price in writing before any procedure.